



## OCIGK Karate

### Frequently Asked Questions

#### **What style do you teach? Is it similar to Kenpo or Shotokan?**

At OCIGK we practice traditional Goju Ryu Karate. Our practice also includes aspects of Kenpo and Kung Fu that enhance, but do not alter, the traditional style. The style Goju Ryu was founded in Okinawa and named in 1931 by Miyagi Chojun Sensei. "Go" means hard and "Ju" mean soft, hence Goju Ryu is translated as Hard Soft Way.

The OCIGK has provided quality martial arts instruction in Orange County since 1982. Founded by Kyoshi Roy Cadiente, OCIGK instructs students of all ages — from ages four through adult. Instruction for younger students is focused on developing strong and honorable leaders equipped with skills for success and self-protection. Adult instruction focuses on the development of physical and mental strength, coordination, and the skills to protect self and others in all situations. We no have programs in Irvine, Tustin, and the Orange County Rescue Mission.

#### **Can I get more information about class schedule and costs?**

Thank you for your interest in the Orange County International Goshin-Kai. For class schedule, please refer to this page: <https://www.ocigk.com/registration> This includes information about classes in Irvine and in Tustin

#### **Can I continue with my current belt level if I trained in an equivalent style?**

If you are continuing your training from a different school/style and would like to retain your current belt level, the head of our school, Kyoshi Roy Cadiente, will evaluate you to determine at what belt level you will start with OCIGK. Many factors will be used to determine this including skills, knowledge, discipline, and safety. In most cases accommodations are made for the student to keep all or most of his/her previously attained rank.

#### **How much does it cost? What about registration, uniform, promotion, and other costs?**

Class costs vary. Please see the websites to confirm.

Class uniforms “gi” and a dojo patch are required and costs are range \$26.50-\$35.00 for the uniform, depending on size, and the dojo patch is \$15.

Promotion fees vary from beginning belts and increase on a sliding scale based on belt level. Although there are many factors to choosing a martial arts school, one thing to keep in mind is the amount and number of promotion fees. The OCIGK is a traditional karate school so we stick to the traditional belt ranking system; white, yellow, orange, blue, green, brown, black. We also give out stripes on the belts as the student progresses in the current belt level. Unique to our school is that we do not collect fees for stripes.

We also typically hold two tournaments per year and tournament entry fee is \$35 - \$70 depending on number of events the student participates in.

Please download our class information package at <http://ocigk.com/references/> for additional information about our school.

### **Which classes should I take?**

Class details are listed on the registration websites. If the age, experience criteria, and details noted in the course catalog does not adequately help you determine which class is best for you or your child, please email us [info@ocigk.com](mailto:info@ocigk.com) or come by one of the classes and speak to an instructor to help you determine into which class you should enroll.

### **When is the best time to visit?**

Anyone interested in the school is welcome to come visit and get their questions answered at any class on the schedule.

### **How old do you have to be and at what level to start sparring with gear?**

Typically our students start basic sparring at orange belt and are expected to have their own sparring gear once they attain blue belt.

### **How do I order sparring equipment and how much is it?**

You can order sparring equipment from Kyoshi Roy. Cost is typically \$125-\$130